

The Michtrack Top 10+

Updated 7/6/2024

Featuring the best performers and performances from the Michigan indoor season. This list shows performances from ALL meets.

Note: I track down and list school affiliations here for information's sake. No high schoolers in Michigan compete for their high schools prior to the first day of MHSAA-approved practice in the spring.

Send corrections and results to: jeffhollobaugh@aol.com.

50 METERS

5.90#	James Jackson (Grand Ledge)10	Landover/Nike Indoor (s) [60]	3/11/2007
5.99#	Jackson	Landover/Nike Indoor (h) [60]	3/10/2007
6.02#	Darryl White (Romulus)11	Landover/Nike Indoor (h) [60]	3/10/2007
6.02#	Aaron Seminski (Williamston)12	Landover/Nike Indoor (s) [60]	3/11/2007
6.04	Zeke Fowle (Hudsonville)12	Allendale/GVSU D1/D2 Inv.....	3/19/2007
6.07#	Seminski	Landover/Nike Indoor (h) [60]	3/10/2007
6.07#	White	Landover/Nike Indoor (s) [60]	3/11/2007
6.15	Fowle	Allendale/GVSU D1/D2 Inv (h)	3/19/2007
6.15	Chris Schultz (Newaygo)11	Allendale/GVSU D3/D4 Inv.....	3/21/2007
6.16	Schultz	Allendale/GVSU D3/D4 Inv (h)	3/21/2007
6.17	Hershey Jackson (Allendale)10	Allendale/GVSU D1/D2 Inv.....	3/19/2007
6.20	Adrian McEveven (Lowell)	Allendale/GVSU D1/D2 Inv.....	3/19/2007
6.21	Alex Debniak (Hudsonville)11	Allendale/GVSU D1/D2 Inv.....	3/19/2007
6.25	Andrew Rhode (Mt Pleasant)12	Allendale/GVSU D1/D2 Inv (h)	3/19/2007
6.27	Akeem Cason (Benton Harbor)12	Allendale/GVSU D1/D2 Inv.....	3/19/2007
6.28	Michael Booker (Grand Rapids Christian)10	Allendale/GVSU D1/D2 Inv.....	3/19/2007

55 METERS

6.41#	James Jackson (Grand Ledge)10	Landover/Nike Indoor (s) [60]	3/11/2007
6.47	Shane Wells (Romulus)12	Allendale/GVSU Holiday Open	12/15/2006
6.47	Josh Hembrough (Forest Hills Northern)12	Allendale/MITS	1/20/2007
6.48	Jackson	Merrillville/AAU Northern Nationals	2/17/2007
6.50	Darrin Williams (Detroit King)11	Bloomington/AAU Inv	1/14/2007
6.51	Darryl White (Romulus)11	Kent/HS Open	2/ 3/2007
6.52	Aaron Seminski (Williamston)12	Allendale/MITS	1/20/2007
6.52#	Jackson	Landover/Nike Indoor (h) [60]	3/10/2007
6.53	White	Findlay/Findlay HS Invite.....	1/20/2007
6.53	Jackson	Allendale/MITS (h).....	2/10/2007
6.53	Jackson	Albion/MITS	2/23/2007
6.54	White	Findlay/Findlay HS Invite (h).....	1/20/2007
6.55	Hembrough	Allendale/MITS (h).....	1/20/2007
6.68	Jake Agema-Sanders (Greenville)11	Allendale/MITS	1/20/2007
6.72	Isaiah Glaze (Niles)12	Allendale/MITS	1/20/2007
6.73	Darien Lewis (Detroit Mumford)12	Findlay/Findlay HS Invite (h).....	1/20/2007

Hand-timed:

6.4	Tyler Thomas (Jackson)11	Hillsdale/MITS (h).....	1/25/2007
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60 METERS

6.74	James Jackson (Grand Ledge)10	Ann Arbor/MITS Champs	3/17/2007
6.80	Jackson	Ann Arbor/MITS Champs (s)	3/17/2007
6.83	Jackson	East Lansing/MITS	2/14/2007
6.86	Jackson	Ann Arbor/MITS Champs (h)	3/17/2007
6.87	Jackson	Landover/Nike Indoor (s)	3/11/2007
6.88	Darryl White (Romulus)11	Ann Arbor/MITS Champs	3/17/2007
6.89	Shane Wells (Romulus)12	East Lansing/MITS	1/15/2007
6.89	White	Ann Arbor/MITS Champs (s)	3/17/2007
6.90	Darrin Williams (Detroit King)11	East Lansing/MITS	2/14/2007
6.92	John Stewart (Livonia Clarenceville)12	Ypsilanti/MITS (h).....	2/ 1/2007
6.93	Wells	Bloomington/Indiana Open	1/ 6/2007
6.93	White	Ypsilanti/Huron Relays D1.....	3/31/2007
6.94	Wells	Warren/MITS	1/ 4/2007

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6.94	Wells	Ypsilanti/MITS	2/ 1/2007
6.94	Tyler Thomas (Jackson)11	East Lansing/MITS	2/14/2007
6.94	White	Ypsilanti/Huron Relays D1 (s).....	3/31/2007
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6.95	Aaron Seminski (Williamston)12	East Lansing/MITS	2/14/2007
6.96	James Smith (Ann Arbor Pioneer)11	Ypsilanti/MITS	2/ 1/2007
6.97	Josh Hembrough (Forest Hills Northern)12	Ypsilanti/MITS	2/ 1/2007
7.02	Edwin Baker (Oak Park)11	Ypsilanti/MITS (h).....	2/ 1/2007
7.04	Ernest Cleary (Ferndale)12	Ann Arbor/MITS Champs	3/17/2007
7.05	Yuriy Ratomski (Romeo)12	Ann Arbor/MITS Champs (h).....	3/17/2007

200 METERS

22.07	James Smith (Ann Arbor Pioneer)11	Ann Arbor/MITS Champs	3/17/2007
22.18	Shane Wells (Romulus)12	Bloomington/Indiana Open	1/ 6/2007
22.19	Wells	Landover/Nike Indoor	3/11/2007
22.26	Wells	Ypsilanti/MITS	2/28/2007
22.30	Wells	Landover/Nike Indoor (h).....	3/10/2007
22.31	Josh Hembrough (Forest Hills Northern)12	Allendale/MITS	1/20/2007
22.33	Smith	Ypsilanti/MITS	2/28/2007
22.52	Hembrough	East Lansing/MITS	2/14/2007
22.53	Hembrough	Landover/Nike Indoor (h).....	3/10/2007
22.54	Wells	East Lansing/MITS	2/14/2007
22.54	James Jackson (Grand Ledge)10	Mt Pleasant/MITS.....	2/27/2007
22.58	John Stewart (Livonia Clarenceville)12	Ann Arbor/MITS Champs	3/17/2007
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22.82	Darryl White (Romulus)11	Kent/HS Open	2/ 3/2007
22.84	Kevin Jackson (East Kentwood)11	Ann Arbor/MITS Champs	3/17/2007
22.97	Tyler Thomas (Jackson)11	Ypsilanti/MITS	2/28/2007
22.98	DeShawn Williams (Detroit Cody)12	Ann Arbor/MITS Champs	3/17/2007
22.99	Quinn Parnell (Detroit Renaissance)11	Ann Arbor/MITS Champs	3/17/2007
23.04	Jahmar Rashad (Flint Carman-Ainsworth)11	Ann Arbor/MITS Champs	3/17/2007
23.08	Ronnie Kadykowski (Detroit Catholic Central)12	Ann Arbor/MITS.....	1/18/2007
23.09	Serak Haile (East Kentwood)12	Ann Arbor/MITS Champs	3/17/2007

Oversized Track:

21.85	Shane Wells (Romulus)12	Lexington/Kentucky Inv	2/17/2007
22.23	James Smith (Ann Arbor Pioneer)11	Lexington/Kentucky Inv	2/17/2007
22.77	John Stewart (Livonia Clarenceville)12	Kent/HS Open	2/ 3/2007
22.79	Quinn Parnell (Detroit Renaissance)11	Lexington/Kentucky Inv	2/17/2007
22.86	Darryl White (Romulus)11	Lexington/Kentucky Inv	2/17/2007

400 METERS

49.00	Cedric Everson (Detroit Mumford)12	New York/National Scholastic (h).....	3/10/2007
49.54	Everson	Ann Arbor/MITS Champs	3/17/2007
49.56	Everson	New York/National Scholastic.....	3/11/2007
49.69	Everson	Bloomington/Indiana Open	1/27/2007
49.99	Everson	Bloomington/Indiana Open	1/ 6/2007
50.02	Shane Wells (Romulus)12	Findlay/Findlay HS Invite.....	1/20/2007
50.13	Everson	Findlay/Findlay HS Invite.....	3/ 3/2007
50.15	James Wade (Ann Arbor Pioneer)11	Ann Arbor/MITS Champs	3/17/2007
50.23	Everson	Ann Arbor/MITS.....	2/15/2007
50.31	Varick Tucker (Belleville)11	Ann Arbor/MITS Champs	3/17/2007
50.35	Everson	Findlay/Findlay HS Invite.....	1/20/2007
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51.18	Jared Meier (Muskegon Reeths-Puffer)	Ann Arbor/MITS Champs	3/17/2007
51.44	Isaiah Ward (Detroit Mumford)11	Warren/MITS	2/23/2007
51.50	David Ash (Williamston)12	East Lansing/Playmakers Team	3/28/2007
51.65	DeLorean Peak (Detroit Crockett)12	Warren/MITS	1/19/2007
51.66	Jordan Miles (Woodhaven)11	Ypsilanti/MITS	2/ 1/2007
51.68	John Stewart (Livonia Clarenceville)12	East Lansing/MITS	1/15/2007
51.87	David Ashcraft (Harrison)12	Mt Pleasant/Skoog Inv.....	3/22/2007
51.92	Kevon Price (Pontiac Central)11	Ypsilanti/MITS	2/ 1/2007
51.95	David St Amant (Livonia Churchill)12	Ypsilanti/MITS	2/ 1/2007

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51.96	Kevin Jackson (East Kentwood)11	Allendale/GVSU D1/D2 Inv.....	3/19/2007
Oversized Track:			
48.68	Cedric Everson (Detroit Mumford)12	Lexington/Kentucky Inv	2/17/2007
49.09	Varick Tucker (Belleville)11	Lexington/Kentucky Inv	2/17/2007
49.38	Everson	Kent/HS Open	2/ 3/2007
49.65	Tucker	Kent/HS Open	2/ 3/2007
49.85	John Stewart (Livonia Clarenceville)12	Lexington/Kentucky Inv	2/17/2007
51.36	Jordan Miles (Woodhaven)11	Lexington/Kentucky Inv	2/17/2007

800 METERS

1:55.62	Isaiah Ward (Detroit Mumford)11	Ann Arbor/MITS Champs	3/17/2007
1:55.96	Kendrick Price (Detroit Mumford)12	Bloomington/Indiana Open	1/27/2007
1:56.35	Ward	Ypsilanti/MITS	2/28/2007
1:56.47	Delorean Peak (Detroit Crockett)12	Ann Arbor/MITS Champs	3/17/2007
1:56.56	Ward	Bloomington/Indiana Open	1/27/2007
1:56.63	Ward	Findlay/Findlay HS Invite.....	3/ 3/2007
1:56.65	Ward	Bloomington/Indiana Open	1/13/2007
1:57.61	Ward	Findlay/Findlay HS Invite.....	1/20/2007
1:58.26	Price	Findlay/Findlay HS Invite.....	3/ 3/2007
1:58.76	Dan Nix (Williamston)11	East Lansing/Playmakers Team.....	3/28/2007
1:58.77	Price	Bloomington/Indiana Open	1/ 6/2007
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1:59.8	Matt Rzepka (Livonia Stevenson)12	Mt Pleasant/MITS	2/ 6/2007
2:00.8	Seth Ankerson (Traverse City West)12	Mt Pleasant/MITS	2/ 6/2007
2:01.07	Chris Fortson (Ann Arbor Pioneer)11	Ann Arbor/MITS Champs	3/17/2007
2:01.16	Cole Sanseverino (Monroe)12	Ann Arbor/MITS.....	1/18/2007
2:01.57	Justin Hentemann (St Johns)12	Ann Arbor/MITS Champs	3/17/2007
2:01.87	Robbie Fisher (Grosse Pointe North)12	Warren/MITS	1/19/2007
2:02.08	Kristopher Washington (East Detroit)10	Ann Arbor/MITS Champs	3/17/2007
2:02.18	Cedric Everson (Detroit Mumford)12	Ypsilanti/MITS	2/28/2007
2:02.33	John Pyer (Grand Ledge)	Saginaw/SVSU Inv D1.....	3/23/2007
2:02.34	Joe Taylor (Detroit U-D Jesuit)12	Warren/MITS	1/19/2007
2:02.4	Victor Ramirez (Wyoming Lee)12	Allendale/MITS	2/25/2007

Oversized Track:

1:55.09	Isaiah Ward (Detroit Mumford)11	Lexington/Kentucky Inv	2/17/2007
1:55.90	Ward	Kent/HS Open	2/ 3/2007
1:56.39	Kendrick Price (Detroit Mumford)12	Lexington/Kentucky Inv	2/17/2007
1:57.46	Price	Kent/HS Open	2/ 3/2007

1500 METERS

4:03.85#	Cole Sanseverino (Monroe)12	Landover/Nike Indoor [mile].....	3/11/2007
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1600 METERS

4:22.32	Isaiah Ward (Detroit Mumford)11	Warren/MITS	2/ 9/2007
4:22.55	Cole Sanseverino (Monroe)12	Warren/MITS	2/ 9/2007
4:24.2	Dan Jackson (Dexter)12	Ann Arbor/MITS.....	1/18/2007
4:24.58	Alex Folk (Temperance Bedford)12	Ann Arbor/MITS Champs	3/17/2007
4:25.28	Dan Nix (Williamston)11	Ann Arbor/MITS Champs	3/17/2007
4:25.95	Bobby April (Dexter)11	Ann Arbor/MITS.....	1/18/2007
4:26.02	Jason Turnbull (Northville)12	Ann Arbor/MITS.....	1/18/2007
4:26.48	Josh McAlary (Jackson Lumen Christi)11	Ann Arbor/MITS Champs	3/17/2007
4:27.00	Brendan Marcum (Pinckney)12	East Lansing/MITS	2/14/2007
4:27.31	Maverick Darling (Ovid-Elsie)11	Allendale/MITS	1/13/2007
4:27.80	Anthony Wile (Birmingham Rice)12	Ypsilanti/Huron Relays D1.....	3/31/2007
4:27.83	Robbie Fisher (Grosse Pointe North)12	Ypsilanti/MITS	2/28/2007
4:28.17	Tim Jagielski (Waldron)11	Ann Arbor/MITS Champs	3/17/2007

3000 METERS

8:37.28#	Dan Jackson (Dexter)12	Landover/Nike Indoor [2M]	3/11/2007
8:41.2#	Jackson	Ann Arbor/MITS [3200].....	2/15/2007
8:59.3#	Maverick Darling (Ovid-Elsie)11	Ann Arbor/MITS Champs [3200].....	3/17/2007

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3200 METERS

9:09.34+	Dan Jackson (Dexter)12	Landover/Nike Indoor (9:12.54).....	3/11/2007
9:16.27	Jackson	Ann Arbor/MITS.....	2/15/2007
9:17.79	Jackson	Ypsilanti/MITS	2/28/2007
9:21.77	Maverick Darling (Ovid-Elsie)11	Saginaw/SVSU Inv D3.....	3/23/2007
9:22.0	Darling	Mt Pleasant/CMU Inv Small Schools	3/28/2007
9:30.46	Darling	Ann Arbor/MITS Champs	3/17/2007
9:33.48	Dan Culbertson (Ann Arbor Pioneer)10	Ypsilanti/Huron Relays D1.....	3/31/2007
9:33.98	Ben Miller (Warren DeLaSalle)10	Ypsilanti/Huron Relays D1.....	3/31/2007
9:34.27	Cole Sanseverino (Monroe)12	Ypsilanti/MITS	2/28/2007
9:35.09	Brendan Marcum (Pinckney)12	Ypsilanti/MITS	2/ 1/2007
9:35.86	Joe Dimambro (Fenton)12	Ann Arbor/MITS Champs	3/17/2007
9:37.96	Justin Heck (Monroe)11	Ypsilanti/Huron Relays D1.....	3/31/2007
9:38.67	Bobby April (Dexter)11	Ann Arbor/MITS Champs	3/17/2007
9:40.69	Ryan Neely (Dexter)12	Ann Arbor/MITS Champs	3/17/2007
9:42.22	Jason Bishop (Dexter)10	Ypsilanti/MITS	2/28/2007
9:44.5	Reed Kamyszek (GR Kenowa Hills)9	Allendale/MITS	2/25/2007
9:48.83	Steve Marcinkowski (Howell)11	Ann Arbor/MITS.....	2/15/2007

5000 METERS

15:39.64	Matt Wines (Pinckney)10	Landover/Nike Indoor	3/10/2007
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50 METER HURDLES (39")

6.76#	Josh Hembrough (Forest Hills Northern)12	Landover/Nike Indoor [60H].....	3/11/2007
6.77#	Hembrough	Landover/Nike Indoor (h) [60H]	3/10/2007
6.81#	Shane Wells (Romulus)12	Landover/Nike Indoor [60H].....	3/11/2007
6.82#	Wells	Landover/Nike Indoor (s) [60H].....	3/11/2007
6.82#	Hembrough	Landover/Nike Indoor (s) [60H].....	3/11/2007
6.99#	Wells	Landover/Nike Indoor (h) [60H]	3/10/2007
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7.12	Brandon Hurst (Benton Harbor)12	Allendale/GVSU D1/D2 Inv.....	3/19/2007
7.35	Nick Rinck (Hudsonville)12	Allendale/GVSU D1/D2 Inv.....	3/19/2007
7.35	Bobby Rodgers (Hudsonville)	Allendale/GVSU D1/D2 Inv.....	3/19/2007
7.38	Jerry King (Benton Harbor)	Allendale/GVSU D1/D2 Inv.....	3/19/2007
7.44	Darrin Meiste (Hamilton)12	Allendale/GVSU D1/D2 Inv.....	3/19/2007
7.48	Tony Fountain (Whitehall)11	Allendale/GVSU D1/D2 Inv.....	3/19/2007
7.48	Nick Davis (Kalamazoo Central)	Allendale/GVSU D1/D2 Inv.....	3/19/2007
7.49	Christian Bach (Belding)11	Allendale/GVSU D3/D4 Inv (h)	3/21/2007
7.49	Keith Curtis (Berrien Springs)11	Allendale/GVSU D3/D4 Inv (h)	3/21/2007
7.49#	Myles White (Livonia Stevenson)10	Landover/Nike Indoor (h) [60H]	3/10/2007

55 METER HURDLES (39")

7.15	Josh Hembrough (Forest Hills Northern)12	Allendale/MITS	1/13/2007
7.21	Hembrough	Allendale/MITS (h).....	1/13/2007
7.22	Hembrough	Allendale/MITS	1/20/2007
7.26	Hembrough	Allendale/MITS (h).....	1/20/2007
7.30	Hembrough	Allendale/MITS	2/10/2007
7.31	Hembrough	Allendale/MITS (h).....	2/10/2007
7.33	Hembrough	Albion/MITS (h).....	3/ 3/2007
7.35#	Hembrough	Landover/Nike Indoor (h) [60H]	3/11/2007
7.39	Shane Wells (Romulus)12	Findlay/Findlay HS Invite.....	1/20/2007
7.39	Hembrough	Albion/MITS (s).....	3/ 3/2007
7.41#	Hembrough	Landover/Nike Indoor (h) [60H]	3/10/2007
7.43	Hembrough	Albion/MITS	3/ 3/2007
7.43#	Wells	Landover/Nike Indoor (h) [60H]	3/11/2007
7.64	Charles Stinson (Jackson)	Albion/MITS (h).....	2/23/2007
7.77	Darren Jackson (Detroit Mumford)12	Findlay/Findlay HS Invite.....	3/ 3/2007
7.92	Jesse Whitman (St Joseph)12	Allendale/MITS (h).....	1/20/2007
7.97	Ira Johnson-Moore (Lansing Eastern)10	Allendale/MITS	2/10/2007
7.98	Myles White (Livonia Stevenson)10	Kent/HS Open (h).....	2/ 3/2007

Hand-timed:

7.7	Charles Stinson (Jackson)	Hillsdale/MITS	1/25/2007
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55 METER HURDLES (42")

7.30	Josh Hembrough (Forest Hills Northern)12	Allendale/Laker Challenge.....	1/12/2007
7.37	Hembrough	Allendale/GVSU Holiday Open (h).....	12/15/2006
7.39	Hembrough	Allendale/GVSU Holiday Open.....	12/15/2006
7.39	Hembrough	Allendale/Laker Challenge (h).....	1/12/2007

60 METER HURDLES (39")

7.80	Josh Hembrough (Forest Hills Northern)12	Ypsilanti/MITS (h).....	2/ 1/2007
7.82	Shane Wells (Romulus)12	Lexington/Kentucky Inv.....	2/17/2007
7.83	Hembrough	Ypsilanti/MITS.....	2/ 1/2007
7.87	Hembrough	Ann Arbor/MITS.....	1/18/2007
7.90	Wells	Ann Arbor/MITS Champs.....	3/17/2007
7.91	Hembrough	East Lansing/MITS.....	2/14/2007
7.92	Wells	Ann Arbor/MITS.....	1/18/2007
7.94	Hembrough	Landover/Nike Indoor (h).....	3/11/2007
7.96	Wells	Lexington/Kentucky Inv (h).....	2/17/2007
7.96	Wells	Landover/Nike Indoor.....	3/11/2007
7.98	Wells	Ypsilanti/MITS.....	2/28/2007
7.99	Hembrough	East Lansing/MITS (h).....	2/14/2007
7.99	Hembrough	Landover/Nike Indoor (s).....	3/11/2007
7.99	James Carter (Detroit Pershing)12	Ann Arbor/MITS Champs (s).....	3/17/2007
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8.20	Roscoe Payne (Flint Carman-Ainsworth)10	Warren/MITS.....	2/23/2007
8.30	Samer Naser (Dearborn Edsel Ford)11	Ann Arbor/MITS Champs.....	3/17/2007
8.33	Dennis Fortson (Ann Arbor Pioneer)11	Ypsilanti/MITS.....	2/ 1/2007
8.34	Kevin Lanier (White Lake Lakeland)12	Ypsilanti/Pioneer Inv.....	3/24/2007
8.35	DeAndre Henderson (Grosse Pointe North)12	Ypsilanti/Huron Relays D2.....	3/30/2007
8.39	Myles White (Livonia Stevenson)10	Lexington/Kentucky Inv (h).....	2/17/2007
8.40	Cavan Corcoran (Northville)11	Ypsilanti/Pioneer Inv.....	3/24/2007
8.41	Rick Kwasnik (Saginaw Eisenhower)12	Ann Arbor/MITS Champs (s).....	3/17/2007
8.43	Charles Stinson (Jackson)	Ann Arbor/MITS Champs (s).....	3/17/2007
8.44	Darrin Jackson (Detroit Mumford)12	Ann Arbor/MITS Champs (s).....	3/17/2007
8.45	Marcus Smith (Grand Blanc)12	Ann Arbor/MITS Champs.....	3/17/2007
8.47	Imani DuPerry (Birmingham Rice)	Ypsilanti/Huron Relays D1.....	3/31/2007
8.49	Brandon Post (Saline)12	Ypsilanti/Pioneer Inv (s).....	3/24/2007
8.50	Dante Turner (Grand Blanc)12	Ypsilanti/Pioneer Inv (s).....	3/24/2007

60 METER HURDLES (42")

7.85	Josh Hembrough (Forest Hills Northern)12	Clemson/Opener (h).....	12/ 1/2006
7.87	Hembrough	Clemson/Opener.....	12/ 2/2006

HIGH JUMP

6-9	Kurt Poehlman (Niles)12	Allendale/MITS.....	1/13/2007
6-8.75	Poehlman	Landover/Nike Indoor.....	3/11/2007
6-8	Poehlman	East Lansing/MITS.....	1/15/2007
6-8	Poehlman	East Lansing/MITS.....	2/14/2007
6-8	Kris Amos (Birmingham Groves)12	Ypsilanti/MITS.....	2/28/2007
6-8	John Donkersloot (Zeeland East)12	Ann Arbor/MITS Champs.....	3/17/2007
6-8	Poehlman	Ann Arbor/MITS Champs.....	3/17/2007
6-8	Mitchell White (Livonia Stevenson)11	Ann Arbor/MITS Champs.....	3/17/2007
6-8	Kevin Lanier (White Lake Lakeland)12	Ann Arbor/MITS Champs.....	3/17/2007
6-8	Amos	Ann Arbor/MITS Champs.....	3/17/2007
6-8	Eric Thornton (Canton)12	Ypsilanti/Pioneer Inv.....	3/24/2007
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6-6	DeRhon Pines (Grosse Pointe North)12	Ypsilanti/Huron Relays D2.....	3/30/2007
6-4	Jake McDonald (Livonia Churchill)	Warren/MITS.....	1/19/2007
6-4	Brandon Brown (Flint Carman-Ainsworth)	Ypsilanti/MITS.....	2/ 1/2007
6-4	Bo Thornton (Grant)12	Allendale/MITS.....	2/18/2007
6-4	Jesi Lomoso ()	Allendale/MITS.....	2/25/2007
6-4	David Gardner (Swartz Creek)11	Ypsilanti/MITS.....	2/28/2007
6-4	James Levis (East Kentwood)	Allendale/GVSU D1/D2 Inv.....	3/19/2007

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6-4	DeShawn Jones (Lansing Sexton)12	Mt Pleasant/Skoog Inv.....	3/22/2007
6-4	Imani DuPerry (Birmingham Rice)	Ypsilanti/Huron Relays D1.....	3/31/2007

POLE VAULT

15-6	Logan Lynch (Temperance Bedford)12	Ann Arbor/MITS.....	2/15/2007
15-3	Lynch	Ann Arbor/MITS Champs	3/17/2007
15-0	Joe Wesley (Marine City)11	Ypsilanti/MITS	2/ 1/2007
15-0	Mike Yassay (Northville)12	East Lansing/MITS	2/14/2007
14-6	Cody Mattix (Saranac)10	Grand Rapids/MITS.....	2/20/2007
14-3	Brad Manahan (Hudson)12	Ann Arbor/MITS Champs	3/17/2007
14-0	Matt Fisher (Byron Center)12	Ann Arbor/MITS.....	1/18/2007
14-0	Josh Walters (Williamston)12	East Lansing/MITS	2/14/2007
13-9	Phil Rancourt (East Kentwood)12	Grand Rapids/MITS.....	2/20/2007
13-6	Derrick Peterman (Livonia Churchill)10	Ypsilanti/MITS	2/28/2007
13-6	Aaron Chamberlain (Webberville)12	East Lansing/Playmakers Team.....	3/28/2007
13-4	Nick Loveberry (Mt Pleasant)11	Saginaw/SVSU Inv D2.....	3/23/2007
13-3	Zachary Marsack (Port Huron Northern)12	Ann Arbor/MITS Champs	3/17/2007
13-3	Shane Albrecht (Carsonville-Port Sanilac)12	Ann Arbor/MITS Champs	3/17/2007
13-3	Kyle Johns (Lake Orion)12	Ann Arbor/MITS Champs	3/17/2007
13-3	Taylor Voice (Boyer City)12	Ann Arbor/MITS Champs	3/17/2007

LONG JUMP

22-5.5	Alex Debniak (Hudsonville)11	Allendale/GVSU D1/D2 Inv.....	3/19/2007
22-4	Kevin Lanier (White Lake Lakeland)12	Ypsilanti/MITS	2/ 1/2007
22-3.75	DeShawn Jones (Lansing Sexton)12	Ypsilanti/Huron Relays D2.....	3/30/2007
22-1.5	PJ Patterson (Eau Claire)12	Allendale/GVSU D3/D4 Inv.....	3/21/2007
21-11.75	Richie Marks (Pinckney)12	Ypsilanti/Pioneer Inv.....	3/24/2007
21-10.5	Myles White (Livonia Stevenson)10	East Lansing/MITS	1/15/2007
21-10	Doug Hamilton (Portage Central)10	Ann Arbor/MITS Champs	3/17/2007
21-9	Calen Boyd (Lansing Eastern)10	Allendale/MITS	2/10/2007
21-8.75	Stephen Byers (Farmington)	Ypsilanti/Huron Relays D1.....	3/31/2007
21-8	David Gardner (Swartz Creek)11	Warren/MITS	1/ 4/2007
21-7.5	Drew Jurgenson (Saline)11	Ypsilanti/Pioneer Inv.....	3/24/2007
21-7	Greg Foreman (Perry)11	Ypsilanti/MITS	2/ 1/2007
21-6.5	Sean Urbin (Utica Ford)12	Warren/MITS	1/ 4/2007
21-6	Keonte Bell (Bay City Central)12	Mt Pleasant/MITS.....	2/27/2007
21-5.5	Robert Sears (Algonac)12	Ypsilanti/Huron Relays D2.....	3/30/2007
21-1.5	Serak Haile (East Kentwood)12	Allendale/MITS	1/13/2007
21-0.75	Marcus Thompson (Waterford Mott)	Ypsilanti/MITS	2/28/2007
21-0.5	Eliza Marshall (Flint Carman-Ainsworth)	Saginaw/SVSU Inv D1.....	3/23/2007

TRIPLE JUMP

43-3	Myles White (Livonia Stevenson)10	Ypsilanti/MITS	2/ 1/2007
43-1.5	Thaxton Wynn (Flint Southwestern)12	Ann Arbor/MITS Champs	3/17/2007
42-11	White	Ann Arbor/MITS.....	1/18/2007
42-7	White	Mt Pleasant/MITS.....	2/ 6/2007
42-4.25	Wynn	Ypsilanti/MITS	2/ 1/2007
42-1.5	Kris Amos (Birmingham Groves)12	Warren/MITS	2/23/2007
42-1.25	Troy Burell (Port Huron)12	Ann Arbor/MITS Champs	3/17/2007
42-0	White	Ann Arbor/MITS Champs	3/17/2007
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41-7.75	Ryan Jones (Detroit Mumford)12	Ann Arbor/MITS Champs	3/17/2007
40-9.5	Greg Diedrich (Utica Eisenhower)11	Ann Arbor/MITS Champs	3/17/2007
40-2	Calen Boyd (Lansing Eastern)10	Merrillville/AAU Northern Nationals	2/17/2007
39-6.5	Greg Foreman (Perry)11	Mt Pleasant/MITS.....	2/27/2007
39-3	Julius Rogers (Grand Blanc)11	Ann Arbor/MITS Champs	3/17/2007
39-0.25	DeAndre Bankston (Port Huron)11	Ann Arbor/MITS Champs	3/17/2007
38-9.5	David Simor (Livonia Stevenson)	Ann Arbor/MITS.....	2/15/2007

SHOT (12lb)

58-0.5	Nate English (Hillsdale)12	Hillsdale/MITS	2/ 8/2007
57-3	English	Hillsdale/MITS	3/ 1/2007

The Michtrack Top 10+

56-8	Matt Armstrong (Lansing Sexton)11	Allendale/MITS	1/13/2007
56-1	Donnie Stiffler (Williamston)11	East Lansing/Playmakers Team	3/28/2007
55-10.5	Jake Maloney (Detroit Catholic Central)12	Ann Arbor/MITS Champs	3/17/2007
53-9.5	George Flanner (Ottawa Lake-Whiteford)12	Ann Arbor/MITS.....	2/15/2007
52-7.5	Ryan McCullough (Cadillac)12	Allendale/GVSU D1/D2 Inv.....	3/19/2007
52-3.75	Aaron Ide (Byron Center)12	Ann Arbor/MITS Champs	3/17/2007
52-3	Eric Markstrom (Northville)	Ypsilanti/Pioneer Inv	3/24/2007
52-2	Cody Miller (Quincy)	Allendale/MITS	2/10/2007
51-7.25	Lonnie Pugh (Grosse Ile)11	Ypsilanti/Huron Relays D2.....	3/30/2007
51-7	Pat Briggs (Swartz Creek)12	Warren/MITS	1/19/2007
51-6.25	Ernie Milligan (Ann Arbor Pioneer)12	Ypsilanti/Huron Relays D1.....	3/31/2007
51-6	Mike King (Midland)12	Mt Pleasant/Skoog Inv.....	3/22/2007

PENTATHLON

2855	Ira Johnson-Moore (Lansing Eastern)10	Merrillville/AAU Northern Nationals	2/17/2007
2615	Darren Jackson (Detroit Mumford)12 (8.51, 16-10.75, 42-8.75, nh, 2:58.64)	New York/National Scholastic.....	3/10/2007
2466	Calen Boyd (Lansing Eastern)10	Merrillville/AAU Northern Nationals	2/17/2007
2344	Eff Grettenberger (Lansing Eastern)10	Merrillville/AAU Northern Nationals	2/17/2007

4 x 200-METER RELAY

1:33.20	Ann Arbor Pioneer (A2)	Ann Arbor/MITS.....	2/15/2007
1:33.34	Southfield	Ypsilanti/Pioneer Inv	3/24/2007
1:33.48	Detroit Mumford	Ypsilanti/Huron Relays D1.....	3/31/2007
1:33.98	Belleville	Ypsilanti/Huron Relays D1.....	3/31/2007
1:34.19	Flint Southwestern	Ypsilanti/Huron Relays D2.....	3/30/2007
1:34.55	Flint Central (Baumans)	Ann Arbor/MITS Champs	3/17/2007
1:35.01	Lansing Sexton	Ypsilanti/Huron Relays D2.....	3/30/2007
1:35.60	Grosse Pointe North	Ypsilanti/Huron Relays D2.....	3/30/2007
1:35.68	Albion Albion	Ann Arbor/MITS Champs	3/17/2007
1:35.68	Saline	Ypsilanti/Pioneer Inv	3/24/2007

Mixed Teams:

1:30.86	Michigan Accelerators	Ann Arbor/MITS Champs	3/17/2007
1:31.35	Great Lakes TC	Ann Arbor/MITS Champs	3/17/2007
1:32.92	Detroit PAL	Ann Arbor/MITS Champs	3/17/2007
1:34.60	T-Town	Ann Arbor/MITS Champs	3/17/2007

4 x 400-METER RELAY

3:18.84	Detroit Mumford (MC)	New York/National Scholastic (h)	3/ 9/2007
3:19.27	Detroit Mumford (MC)	New York/National Scholastic.....	3/11/2007
3:20.76	Detroit Mumford (MC)	Bloomington/Indiana Open	1/27/2007
3:22.52	Detroit Mumford (MC)	Ypsilanti/MITS	2/ 1/2007
3:23.99	Detroit Mumford (MC)	Findlay/Findlay HS Invite	3/ 3/2007
3:24.06	Detroit Mumford (MC)	Bloomington/Indiana Open	1/13/2007
3:24.17	Detroit Mumford (MC)	Ann Arbor/MITS Champs	3/17/2007
3:24.28	Detroit Mumford	Ypsilanti/Huron Relays D1.....	3/31/2007
3:25.06	Detroit Mumford (MC)	Findlay/Findlay HS Invite	1/20/2007
3:25.52	Pioneer (A2)	Ypsilanti/MITS	2/ 1/2007
3:29.93	Grand Ledge	Saginaw/SVSU Inv D1.....	3/23/2007
3:30.28	Lansing Sexton	Ypsilanti/Huron Relays D2.....	3/30/2007
3:30.41	Pinckney	Ypsilanti/Pioneer Inv	3/24/2007
3:31.12	Southfield	Ypsilanti/Pioneer Inv	3/24/2007
3:33.51	Flint Carman-Ainsworth	Saginaw/SVSU Inv D1.....	3/23/2007
3:34.53	South Lyon	Ypsilanti/Huron Relays D1.....	3/31/2007
3:34.55	Troy	Ypsilanti/Huron Relays D1.....	3/31/2007

Mixed Teams:

3:26.47	Michigan Accelerators	East Lansing/MITS	2/14/2007
3:28.85	Great Lakes TC	East Lansing/MITS	2/14/2007
3:29.52	Drive Phase	Ypsilanti/MITS	2/28/2007
3:33.31	T-Town	Ann Arbor/MITS Champs	3/17/2007
3:33.62	KP Athletics	Ann Arbor/MITS Champs	3/17/2007

Oversized Track:

The Michtrack Top 10+

3:20.50	Michigan Accelerators	Lexington/Kentucky Inv	2/17/2007
3:20.53	Motor City/Detroit Mumford	Kent/HS Open	2/ 3/2007
4 x 800-METER RELAY			
7:58.01	Detroit Mumford (MC)	Findlay/Findlay HS Invite	3/ 3/2007
8:01.17	Detroit Mumford (MC)	Ann Arbor/MITS Champs	3/17/2007
8:08.56	Detroit Mumford	Ypsilanti/Huron Relays D1	3/31/2007
8:09.41	Fenton (Complete Runner)	Ann Arbor/MITS Champs	3/17/2007
8:10.09	Ann Arbor Pioneer (A2)	Ann Arbor/MITS Champs	3/17/2007
8:16.5	Williamston	Mt Pleasant/Skoog Inv.....	3/22/2007
8:21.70	Troy	Ypsilanti/Huron Relays D1	3/31/2007
8:23.27	Northville	Ypsilanti/Pioneer Inv	3/24/2007
8:24.39	Grand Ledge (Ledges)	Ann Arbor/MITS Champs	3/17/2007
8:25.38	Saline	Ypsilanti/Pioneer Inv	3/24/2007
8:26.41	Plymouth	Ypsilanti/Huron Relays D1	3/31/2007
8:26.48	Pinckney (Jackalopes)	MITIS	/2007
Mixed Teams:			
8:18.64	Ocelots	Ann Arbor/MITS Champs	3/17/2007
Oversized Track:			
7:54.19	Detroit Mumford	Lexington/Kentucky Inv	2/17/2007
4 x MILE RELAY			
18:15.48	Pinckney	Landover/Nike Indoor	3/10/2007
18:56.46	Grand Ledge	New York/National Scholastic.....	3/10/2007
1600-METER SPRINT MEDLEY			
3:26.48	Detroit Mumford (MC)	New York/National Scholastic.....	3/ 9/2007
3:35.17	Detroit Mumford	Ypsilanti/Huron Relays D1	3/31/2007
3:44.17	Chelsea	Ypsilanti/Huron Relays D2	3/30/2007
3:44.69	Monroe	Ypsilanti/Huron Relays D1	3/31/2007
3:45.68	Saline	Ypsilanti/Huron Relays D1	3/31/2007
3:46.42	Flint Central	Ypsilanti/Huron Relays D2	3/30/2007
3:48.12	Birmingham Rice	Ypsilanti/Huron Relays D1	3/31/2007
3:48.79	Troy	Ypsilanti/Huron Relays D1	3/31/2007
3:50.50	Lansing Sexton	Ypsilanti/Huron Relays D2	3/30/2007
3:51.23	Port Huron Northern	Ypsilanti/Huron Relays D1	3/31/2007
3:51.66	Orchard Lake St Mary	Ypsilanti/Huron Relays D2	3/30/2007
DISTANCE MEDLEY			
10:38.41	Monroe (Herbs)	Ann Arbor/MITS Champs	3/17/2007
10:46.44	Monroe	Ypsilanti/Huron Relays D1	3/31/2007
10:48.2	Detroit Mumford (MC)	Ann Arbor/MITS	2/15/2007
10:51.61	Williamston (Gondor)	Ann Arbor/MITS Champs	3/17/2007
10:55.83	Saline (Pre)	Ann Arbor/MITS Champs	3/17/2007
10:59.95	Pinckney (Jackalopes)	Ann Arbor/MITS Champs	3/17/2007
11:00.21	Grosse Pointe North	Ypsilanti/Huron Relays D2	3/30/2007
11:04.57	Ann Arbor Pioneer	Ypsilanti/Huron Relays D1	3/31/2007
11:06.49	Grand Ledge (Ledges)	Ann Arbor/MITS Champs	3/17/2007
11:09.14	Portage Northern	Allendale/GVSU D1/D2 Inv.....	3/19/2007
11:15.58	Fremont (Packers)	MITIS	/2007
Mixed Teams:			
10:54.99	Top Run	Ypsilanti/MITS	2/28/2007
11:06.31	Oakland	Warren/MITS	2/23/2007
11:14.57	Ivon	Ann Arbor/MITS Champs	3/17/2007